

HOSPITAL LA INMACULADA

ENDOSCOPY UNIT. SCAN / INTERVENTION **AFTERNOON**

PREPARATION OF THE COLON WITH MOVIPREP®

Orange Flavour C.N. 673610.4 Lemon Flavour C.N. 656284.0

IT'S ESSENTIAL AND VERY IMPORTANT TO FOLLOW THE INSTRUCTIONS THAT ARE INDICATED HERE BELOW, IN ORDER TO CLEAN PROPERLY AND TO AVOID REPEATING THE TEST.

REMEMBER THAT YOU MUST COME ACCOMPANIED BY ANOTHER PERSON AND NOT DRIVE

48 hours before

48 HOURS BEFORE BEFORE THE COLONOSCOPY-CHECK:

Breakfast: Normal, **NON-FIBER** (WITHOUT crackers, fruits, vegetables and legumes).

You can take: 1 slice of white toast or pastries, coffee with skim milk

Food. Normal, **NON-FIBER** (WITHOUT crackers, fruits, vegetables and legumes).

You can take: Chicken, fish or grilled meat. Dessert: pudding or yogurt

Dinner. Normal, **NON-FIBER** (no crackers, vegetables or legumes).

You can take: Some fish or grilled chicken, 1 slice of toasted white bread or pastries

24 hours before

Breakfast: Normal, **NON-FIBER** (WITHOUT crackers, fruits, vegetables and legumes).

You can take: 1 slice of white toast or pastries, coffee with skim milk.

Food. Normal, **NON-FIBER** (WITHOUT crackers, fruits, vegetables and legumes).

You can take: Chicken, fish or grilled meat. Dessert: pudding or yogurt.

After **FOOD** you must remain **ONLY** with **CLEAR LIQUIDS** (water, fat-free broths, infusions, tea, coffee and drinks without gas).

How to take MOVIPREP®

The day of the examination/procedure:

- At **8:00** a.m. drink 1 litre of Moviprep®, one glass every 10-15 minutes.

IMPORTANT: During this time you should also drink 1 liter of clear liquids.

- At **11:00** a.m. drink 1 litre of Moviprep®, one glass every 10-15 minutes.

VERY IMPORTANT: FROM 12:00 AM UNTIL THE END OF THE EXAMINATION YOU ARE PROHIBITED OF INGESTING FOOD OR BEVERAGE (NPO)..

How to prepare MOVIPREP®

